Sidhhant Institute of Vedic Science

COURSE PROSPECTUS

1 YEAR PROFESSIONAL DIPLOMA

Scientific Vastu

The science of aligning land and building with the laws of nature

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ABOUT THE COURSE

1 Year Professional Diploma in Scientific Vastu

Scientific Vastu is the science of ancient Indian architecture and design. It studies the occupants of a building in relation to its land, location and environment, and aligns land and building with the laws of nature (micro climatic conditions). In modern words, it is about creating a sustainable habitat that is green and healthy too.

Scientific Vastu is a science of creating automation systems in a building in connection with the forces of nature, making it a homeostatic building in itself. Another way to see it is as the study of the harmonious transformation of energy into matter, or matter into energy.

This one year diploma covers the architectural, Vedic and green concepts of Vastu. It deals with industrial, commercial, entertainment and educational Vastu along with town planning, and covers new construction, remedies for existing buildings and remodelling projects. The programme is a complete study of both the science and the mythology of Vedic architecture and design.

We teach the most reasonable and logical remedies in Scientific Vastu. We do not promote commercial products or gimmicks. Our architectural and Vedic remedies are genuine, simple and affordable. Rectification in Scientific Vastu does not need huge investments, it needs deep knowledge to understand how to correct defects logically.

Who should join

- Civil engineers
- Architects and interior designers
- Professionals who want to expand their knowledge
- Astrologers
- Numerologists
- Homemakers keen to start something of their own
- Anyone with an interest in the field

After the course

- Lifetime support
- Ask our experts your queries
- Join an association of Scientific Vastu experts and stay updated

WHY THIS COURSE

Advantages of the training

Professional

- Work as a professional Vastu consultant
- Work as a consultant with architectural firms
- Start a Vastu and Feng Shui products store
- Create customised remedies
- Add a specialisation to your profession
- Build a stronger commercial and professional presence
- Create better indoor environmental quality

Personal

- Make your own buildings Vastu friendly
- Improve your life with better Vastu
- Understand the link between illness and home
- Improve ventilation, light, energy and air quality at home
- Improve relaxation, comfort and efficiency in a building

CURRICULUM

What you'll learn

1. **Introduction to Scientific Vastu**
2. **Scientific approach to Vastu**
3. **Definition of Scientific Vastu**
4. **Scientific Vastu, Rewa Vastu**
   - Understanding Scientific Vastu as a science of transformation or manifestation of energies

CURRICULUM

What you'll learn (continued)

5 **Energies around us and their impact**

- Solar energy: solar passage and buildings with research references, creation of directions by the laws of nature, thermal and visual comfort in each direction, solar energy, humans and buildings, the healing, cleansing and energising aspects of sunlight, importance of facing in relation to solar flux, environmental envelopes created by nature in a building, changes in life due to changes in environment
- Electro magnetic energy
- Hydro energy
- Wind energy
- Dynamic bio matter energy
- Geo energies: gravitational pull, centre of gravity
- Heat energy
- Light energy
- Cosmic energy

6 **Four circulations and building**

7 **Four spaces as per Mayonic science and technology**

8 **Fundamentals of town planning as per Vastu**

9 **Climatology: Vastu in different countries**

10 **Solar building design and architecture**

11 **Temple Vastu and architecture**

12 **Types of temples, with practical**

13 **Study of Indian temples**

14 **Vedic design and architecture**

- Ancient furniture, houses, door and window design

15 **Dharamshala Vastu**

16 **Internal environment and Scientific Vastu**

- Ideal sound levels
- Ideal light levels
- Ideal temperature and humidity levels

17 **Practical applicability of Scientific Vastu**

18 **Vedic Vastu**

- Reference to Vishwakarma Prakash and Mayamata
- Planets and directions
- Deities and directions
- Five elements
- Vedic philosophy
- Texts from Vishwakarma Prakash, Mayamata and Manasara
- Vastu Purush
- Marma and Atimarma Sthan
- Mandalas: Ekashitivastupada and Paramshayika mandala
- Dig sadhan and dig shuddhi
- Vithis and types of Vastu
- Shalyoddhar
- Main door as per rashi, varna and Vastu chakra
- Shodaskaksh and vargakakini vichar
- Dhanrin vichar and importance of name in Vastu
- Ideal wood for construction

CURRICULUM

What you'll learn (continued)

19 Building physiology and construction by laws

- The homeostatic process in a building
- Self created, self maintained systems in building and body
- Development and deterioration of building physiology
- Role of nature in creating health and balance in a building
- Shapes: ratios and effects
- Sloping: loadings and effects
- Angles and effects
- Openings and the Joule Thomson effect

20 Conclusion chart and use of dial

21 Learn to draw and the importance of scaled drawing

- Layouts
- Elevations

22 Finding the right direction and orientation with the appropriate tool

23 Types of zoning for different cases

- Aligned zoning
- Radial zoning

24 Mastering directions and their impacts

- 10 directions: North (Udichi), South (Avachi), East (Prachi), West (Pratichi), North East (Ishan), North West (Vayavya), South East (Agneya), South West (Nairitya), Cosmos (Urdhva), Telluric (Adhara)
- 16 directions
- 32 directions: East 1 to 9, North 1 to 9, South 1 to 9, West 1 to 9

25 Handling different plots

- Aligned case
- Diagonal case
- Double diagonal case
- Inclined case
- Angles
- Different shapes
- Plot proportions that affect orientation
- Partial cuts and extensions
- Absolute cuts and extensions

26 Land selection and soil check

27 Macro Vastu, location and obstruction

- Good and bad locations
- Impact of roads
- T, Y, U, C, V, H, I, L and other junctions
- Roundabouts
- Parks opposite the house
- Importance of neighbouring buildings
- Bio matter circulation and vegetation around

28 Placements and water management

- Placements in the plot area
- Placements in the building

29 Facade, main gate and entrance of the building

30 Basic interiors

- Staircase
- Lifts
- Washrooms: attached, bathing, powder room
- Kitchen and pantry
- Storeroom
- Utility area

CURRICULUM

What you'll learn (continued)

31 Advanced interiors

- Residential: houses and apartments
- Commercial: office, shop, showroom, mall
- Educational: school, university, college
- Industrial: factory
- Medical: hospital, clinic
- Entertainment: hotel, restaurant, cinema, boutique, parlour, gym
- Government: banks

32 Landscaping as per Vastu

33 Vastu based designing

34 Remedies without demolition

- Vasteriology: five element remedy and activation, remedy of five sense comfort (colour, painting and sculpture, aroma, music and sound, furniture, material), wall and elevation, sensation point, compatibility lamp, decluttering and destagnation, glory mask, new beginning
- Basic and advanced remedial Vastu: Panchgavya, earth air tunnel, wind towers, sculptures, Dishapranam, white light guarding, mirrors, mantras, sun bath, crystals, semi precious stones, symbols and more

35 Vastu for enhancement

- Problem specific remedies
- Effect, defect, remedy
- Creating your own customised and personalised remedies

36 Reading technical drawings for Scientific Vastu analysis

37 Green building and Scientific Vastu

- Green and architectural Vastu
- Power and water conservation through green Vastu
- GRIHA guidelines for thermal comfort (criteria 14) and visual comfort (criteria 13)
- Approximate light levels for each room as per climate
- Sound control
- Healthy building materials
- Renewable energy and Vastu
- Better health through green Vastu
- Sustainability in Vastu
- Green building criteria related to Vastu
- Government and agency guidelines

38 Special health and safety issues

39 Scientific Vastu as a profession, and code of conduct

Practicals

- Sun path and creation of directions
- Main door observation as per Scientific Vastu
- Land selection as per Vastu
- Holding a compass and zoning directions
- A Scientific Vastu design project (residential, commercial, industrial and more)
- Creating a Scientific Vastu remedy
- Site visits to a factory, office, mall, showroom, residence and apartments
- Front facade and vegetation observation in different directions
- Case studies
- Creating your own Vastu aligned work profile

Begin your journey with Scientific Vastu

Talk to Mrs. Purnima Girhotra about batch dates, fees and whether this course is the right fit for you.

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